



Material list „SLOWderchase“

Technical gear

- Freeride ski
- Telescopic sticks
- Backpack (20-30 l)
- Freeride boots
- Avalanche transceiver, shovel, probe
- Ski helmet
- Ski strap

Clothing

- Ski underwear (polyester or wool)
- Ski socks
- Midlayer
- Ski pants
- Ski jacket
- Lightweight downjacket / Primaloft jacket
- Beanie
- Light gloves
- Warm gloves

Other

- Thermos (around 1 l)
- Toiletries
- Mobile phone
- Replacement batteries
- Sunglasses for alpine usage
- Goggles
- Musli bars/nuts etc.
- Sunscreen (SPF 30+)

In case you need support, please shoot me a short message so we can try to get something organized.