



Material list „Steep & Deep“

Technical gear

- Touring ski
- Skins
- Telescopic sticks
- Backpack (25-40 l)
- Skitouring boots
- Avalanche transceiver, shovel, probe
- Ski helmet
- Ski strap
- Harness
- Safelock carabiner
- Ski crampons (that fit with the binding & ski width)
- Boot crampons (not to confuse with the ski crampons, which are also needed)
- Ice axe

Clothing

- Ski underwear (polyester or wool)
- Ski socks
- Midlayer
- Ski pants
- Ski jacket
- Lightweight downjacket / Primaloft jacket
- Beanie
- Light gloves
- Warm gloves

Other

- Thermos (around 1 l)
- Toiletries
- Small headlamp
- Mobile phone
- Replacement batteries
- Sunglasses for alpine usage
- Goggles
- Musli bars/nuts etc.
- Sunscreen (SPF 30+)

In case you need support, please shoot me a short message so we can try to get something organized.