



Material list „WMNS Tourchase“

Technical gear

- Touring ski
- Skins
- Telescopic sticks
- Backpack (20-30 l)
- Skitouring boots
- Avalanche transceiver, shovel, probe
- Ski helmet
- Ski strap
- Ski crampons (that fit with the binding model as well as the ski width)
- Yoga mat
- Yoga blocks, yoga strap (if you have it)

Clothing

- Ski underwear (polyester or wool)
- Ski socks
- Midlayer
- Ski pants
- Ski jacket
- Lightweight downjacket / Primaloft jacket
- Beanie
- Light gloves
- Warm gloves

Other

- Thermos (around 1 l)
- Toiletries
- Small headlamp
- Mobile phone
- Replacement batteries
- Sunglasses for alpine usage
- Goggles
- Musli bars/nuts etc.
- Sunscreen (SPF 30+)

In case you need support, please shoot me a short message so we can try to get something organized.